

SUGGESTED RUN OF YEAR

This document outlines the provided activities on a year-long schedule, to support facilitators in planning programming for their chapter of Project Override. Chapters are not expected to complete every activity on this list or adhere to this schedule strictly - this is intended solely as a tool and resource to emphasize certain themes and related activities.

> **SEPTEMBER**

Intro & Recruitment

DISC-1: Teens, Social Media and AI Chatbots 2025

PROD-1: Social Media Warning Label

ENG-1: No-Phones Social Hour

PLM-1: Introduction & Habits Review

> **OCTOBER**

Cyberbullying

DISC-2: McKenna's Story

DISC-3: are you okay?

PROD-2: Community Support Board

ENG-2: Cyberbullying Response Guide

PLM-1: Cyberbullying & Upstander Session

> **NOVEMBER**

Empathy & Upstanding

DISC-4: "Pennridge Stories"

PROD-3: Cyberbullying Poster Series

ENG-3: Stand Up Against Bullies Event

ENG-4: Anonymous Report Box

PLM-3: Mentor / Mentee Interviews

> **DECEMBER**

Mental Health

DISC-6: Teens, Social Media and Mental Health

DISC-7: A 'quiet revolution': Why young people are swapping social media for lunch dates, vinyl records and brick phones

PROD-4: Mental Health & Social Media Art Series

PROD-5: Diary / Audio Diary

PROD-6: Mental Health Informative Poster Series

ENG-5: Mental Health & Social Media PSA

PLM-4: Predict My Recommendations

> JANUARY

Attention Economy

DISC-8: The Attention Economy
PROD-7: System Mapping
PROD-8: Attention Economy Explainer
ENG-6: Social Media Time Competition & Log
PLM-5: Collaborative Zine

> FEBRUARY

Attachment Economy

DISC-9: The Attachment Economy Is Here. We're Not Ready.
DISC-10: Everything You Need to Know About Parasocial Relationships
PROD-9: Parasocial Relationship Map
PROD-10: AI Chatbot Warning Label
ENG-8: Community Connection & Reflection Wall
PLM-6: Emotional Attachment Discussion
PLM-7: Emotional Manipulation Spectrum

> MARCH

Hate

DISC-11: What is online hate and what can we do about it?
DISC-12: Hate Speech & the Algorithm
PROD-11: What Makes a Community? Poster Series
PLM-8: Community and Acceptance Workshop

> APRIL

AI & Manipulation

DISC-13: AI 'slop' is transforming social media - and a backlash is brewing
DISC-14: AI Slop Is Destroying the Internet. These Are the People Fighting to Save It
PROD-12: AI on Social Media Explainer
ENG-10: "What the Algorithm Sees" Mirror Installation
PLM-9: User Targeting Workshop

> MAY

Wrap-Up & Reflection

DISC-15: Debate - Social Media Self-Regulation vs. Legislative Regulation
DISC-16: Research Brief Discussion
PROD-13: Takeaways Share
ENG-11: Phone-Free Social Event
PLM-10: Final Presentation Preparation
PLM-11: Final Presentation & Closing Discussion